



SMART SNACKING

February 2025

Adams Elementary (PK-6)

Lunch

MONDAY

3

Lunch

- **BBQ Chicken TOTchos**
- Hawaiian Roll
- **Chicken Nuggets**
- **Cheddar/Mozzarella Salad**
- Croutons
- Sides for All Meals
- Tater Tots
- Fruit & Vegetable Bar
- Raspberries with Chocolate and Basil
- Applesauce
- Fresh Carrots
- Sliced Cucumbers
- Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

TUESDAY

4

Lunch

- **Beef Nachos**
- Salsa
- **Turkey & Cheddar Panini**
- **Chicken Ranch Wrap**
- Sides for All Meals
- Seasoned Refried Beans
- Fruit & Vegetable Bar
- Fresh Red Delicious Apple
- Cinnamon Diced Peaches
- Fresh Green Peppers Strips
- Corn & Pepper Salad
- Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

WEDNESDAY

5

Lunch

- **Italian Meat Spaghetti Sauce**
- **Spaghetti**
- Garlic Herb Flatbread
- **Classic Chicken Sandwich**
- **Sunbutter & Grape Jelly Sandwich**
- Sides for All Meals
- Herbed Cauliflower
- Fruit & Vegetable Bar
- Fresh Orange Wedges
- Fruit Cocktail
- Small Caesar Salad
- Creamy Caesar Dressing
- Sliced Cucumbers
- Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

THURSDAY

6

Lunch

- **Teriyaki Glazed Chicken**
- Brown Rice
- **Classic Cheeseburger in Bun**
- **Turkey Ham & Cheese on Pretzel Roll**
- Sides for All Meals
- Corn
- Fruit & Vegetable Bar
- Fresh Banana
- Cinnamon Diced Peaches
- Fresh Broccoli Florets
- Lettuce & Tomato Side Salad
- Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

FRIDAY

7

Lunch

- **Classic Cheese Pizza**
- **Classic Pepperoni Pizza**
- **Turkey Chef Salad**
- **Croutons**
- **Ranch Dressing**
- Sides for All Meals
- Seasoned Broccoli
- Fruit & Vegetable Bar
- Fresh Red Delicious Apple
- Blue Raspberry Lemon
- Frozen SideKicks
- Small Caesar Salad
- Creamy Caesar Dressing
- Fresh Grape Tomatoes
- Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

10

Lunch

- **Whole Grain French Toast Sticks**
- **Breakfast Syrup**
- Turkey Sausage Patty
- Baked Apple Slices
- **Classic Cheeseburger in Bun**
- **Turkey Ham Sandwich**
- Sides for All Meals
- Tater Tots
- Fruit & Vegetable Bar
- Fresh Orange Wedges
- Tropical Fruit Cocktail
- Tomato, Cucumber and Avocado Salad
- Carrot & Celery Sticks
- Milk & Condiments
- 1% Low-fat Milk
- Chocolate Low Fat Milk

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Lunch

- **Beef, Bean & Cheese Burrito**
- **Classic Chicken Sandwich**
- **Chicken Salsa Wrap**
- Sides for All Meals
- Seasoned Black Beans
- Fruit & Vegetable Bar
- Fresh Granny Smith Apple
- Applesauce
- Fresh Grape Tomatoes
- Corn & Pepper Salad
- Milk & Condiments
- 1% Low-fat Milk
- Chocolate Low Fat Milk

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Lunch

- **Mashed Potato & Chicken Bowl**
- Hawaiian Roll
- **Toasty Cheese Sandwich**
- **Sunbutter & Grape Jelly Sandwich**
- Sides for All Meals
- Campbell's Tomato Soup
- Fruit & Vegetable Bar
- Fresh Pear
- Tropical Fruit Cocktail
- Fresh Cauliflower Florets
- Fresh Broccoli Florets
- Milk & Condiments
- 1% Low-fat Milk
- Chocolate Low Fat Milk

13

Lunch

- **Italian Chicken Parm Sandwich**
- **Breaded Beef Fingers**
- **Creamy Chicken Caesar Wrap**
- Sides for All Meals
- Seasoned Corn
- Fruit & Vegetable Bar
- Fresh Granny Smith Apple
- Strawberry & Cream Be Mine! Frozen SideKicks Celebrations
- Carrot & Celery Sticks
- Spinach & Romaine Salad
- Milk & Condiments
- 1% Low-fat Milk
- Chocolate Low Fat Milk

14

17**18****19****20****21**

Lunch

- **Beef Nachos**
- Salsa
- Mexican Style Pinto Beans
- **Mini Chicken Corn Dogs**
- **Hummus Dip with Veggies & Bread**

Sides for All Meals

- Savory Green Beans
- Fruit & Vegetable Bar
- Fresh Red and Green Seedless Grapes
- Corn & Black Bean Salsa Salad
- Fresh Carrots
- Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

Lunch

- **Rotini Tossed in Italian Meat Sauce**
- Garlic Herb Flatbread
- **Classic Chicken Sandwich**
- **Sunbutter & Grape Jelly Sandwich**

Sides for All Meals

- Seasoned Broccoli
- Fruit & Vegetable Bar
- Sliced Fresh Strawberries
- Tropical Fruit Cocktail
- Spinach & Romaine Salad
- Creamy Caesar Dressing
- Fresh Cauliflower Florets
- Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

Lunch

- **Chicken & Cheese Quesadilla**
- Salsa
- **Turkey Ham & Cheese Bagel Melt**
- **Beef Taco Salad**
- **Tortilla Chips**

Sides for All Meals

- Mexicali Corn
- Fruit & Vegetable Bar
- Fresh Banana
- Fresh Red and Green Seedless Grapes
- Shredded Lettuce
- Corn & Black Bean Salsa Salad
- Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

Lunch

- **Classic Cheese Pizza**
- **Classic Pepperoni Pizza**
- **Turkey & Cheese Sandwich**

Sides for All Meals

- Seasoned Peas
- Fruit & Vegetable Bar
- Fresh Granny Smith Apple
- Orange Pineapple & Cherry Swirl
- Fresh Grape Tomatoes
- Fresh Broccoli Florets
- Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

24**25****26****27****28**

Lunch

- **Italian Meat Spaghetti Sauce**
- **Spaghetti**
- Hawaiian Roll
- **Toasty Cheese Sandwich**
- **Turkey & Cheese Pinwheel**

Sides for All Meals

- Herbed Cauliflower
- Fruit & Vegetable Bar
- Fresh Orange Wedges
- Kiwi Wedges
- Citrus Chickpea Salad
- Fresh Celery Sticks
- Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

Lunch

- **Soft Beef Whole Grain Taco**
- **Classic Chicken Sandwich**
- **Turkey Club Bagel Sandwich**

Sides for All Meals

- Seasoned Black Beans
- Corn
- Fruit & Vegetable Bar
- Fresh Granny Smith Apple
- Pineapple Tidbits
- Fresh Carrots
- Corn & Pepper Salad
- Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

Lunch

- **Chicken Alfredo Rotini**
- **Classic Cheeseburger in Bun**
- **Cheddar/Mozzarella Salad**
- Croutons

Sides for All Meals

- Seasoned Peas
- Fruit & Vegetable Bar
- Sliced Fresh Strawberries
- Cinnamon Diced Peaches
- Fresh Broccoli Florets
- Marinated Cool Cucumbers
- Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

Lunch

- **Beef Patty**
- **Beef Gravy**
- **Fresh Baked Whole Grain Biscuit**
- **Jumbo Crispy Chicken Tenders**
- **Mango Lassi Smoothie**
- **Honey Graham Crackers**

Sides for All Meals

- Mashed Potatoes
- Fruit & Vegetable Bar
- Banana with Cinnamon and Sugar
- Pineapple Tidbits
- Fresh Cauliflower Florets
- Lettuce & Tomato Side Salad
- Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

Lunch

- **Classic Cheese Pizza**
- **Classic Pepperoni Pizza**
- **Sunbutter & Banana Roll Up**

Sides for All Meals

- Seasoned Corn
- Fruit & Vegetable Bar
- Fresh Granny Smith Apple
- Sunbelievable Frozen SideKicks
- Corn & Pepper Salad
- Fresh Broccoli Florets
- Milk & Condiments
- Chocolate Low Fat Milk
- 1% Low-fat Milk

 2/3 Tater Tot Day  2/13 Italian Food Day

If you have a food allergy, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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